



TOWNHILL COMMUNITY SCHOOL

Well-being newsletter

Spring Term 2026
Edition

Welcome

Welcome to our Well-being Newsletter! The newsletter is aimed to share relevant and valuable information with you and to inform you of upcoming events and services in Townhill Community School and the local area.

What's going on in school?

Chatterbox Tuesday



Please join us in our Thrive room every Tuesday (9am-10am) for a coffee, tea or hot chocolate. This will be an opportunity to chat with other parents and to discuss with staff any support you may need.



Baby and Toddler Group

Over The Hill & Far Away baby/toddler group every Friday 9:30am-11:15am. Run by our wonderful Health Visitors. You don't need to have a child in Townhill School, this group is available for ALL the community. No booking required, simply turn up with your little ones!!

Attendance

Regular attendance is essential to maximise your child's full potential. Please ensure your child attends school as often as possible, if your child is unwell then please inform the school office on day 1 of your child's absence. This will avoid any unauthorised absences and the risk of receiving a fixed penalty notice (fine)

Punctuality

Reminder: All late arrivals are being monitored by our Education Welfare Officer. Please ensure your child attends school by 8:50am. Breakfast club starts at 8am. If you need to collect your child early from school, please provide proof of their medical appointment.

Holidays during term time

Holidays are no longer authorised. Holiday request forms can be collected and returned to the school office two weeks prior to your child's absence. You may be at risk of a fixed penalty notice if your child's attendance is below 90% and you withdraw them from education for a holiday



Safeguarding at TCS

At TCS we have rigorous child protection procedures based on clear policy, designed to make sure children and young people are safe and feel safe. If you have any safeguarding concerns, please see a member of our safeguarding team

Safeguarding Team

Miss Anna Ruscitto: Family Engagement Officer
Mr Peter Owen: Headteacher
Mrs Leah Gadd: Deputy Headteacher
Chair of Governors: Mrs Janet Chaplin

Support

Just a reminder that Miss Ruscitto is available as Family Engagement Officer, if any parents need advice or guidance.
If you need to contact Miss Ruscitto you can email her - ruscittoa@hwbcmru.net



Follow of the term

Instagram: Townhillcommunityschool
Follow us!!



What's going on in the local area?

Play Group

Over the hill and far away

Stay and play

Starting 27 February
Every Friday during term time

9:30am - 11:15am

Townhill Community school

Please enter via the main entrance

Warm Spaces is back at The Phoenix Centre!

If you are looking for a warm, comfortable space with a free hot meal and drink. Why not pop along to the Phoenix Cafe every **Wednesday 5pm-7pm.**

The Phoenix Community Shop will also be open!

Phoenix Centre,
Powys Avenue,
Townhill, SA1 6PH

BRODIE'S FUNHOUSE

FRIDAY 3RD APRIL 12-2PM

EASTER PARTY
WITH HEAVEN SENT PARTIES

£12 PER CHILD
ADULTS FREE

PLUS A VISIT FROM THE EASTER BUNNY!

EASTER DISCO WITH JO-JO!
GAMES & PRIZES
TREAT FOR EACH CHILD
DANCING & LOADS OF FUN!

BUZZ PARKS

UNLIMITED BOUNCING

4PM-8PM

PLAY AND STAY AS LONG AS YOU WANT

MONDAY - THURSDAY

Swansea Children's centre
Eppynt Rd,
Penlan,
Swansea SA5
7AZ 01792
572060

Whats on in the Childrens's Centres					
	Monday	Tuesday	Wednesday	Thursday	Friday
Swansea Children's centre Eppynt Rd, Penlan, Swansea SA5 7AZ 01792 572060	Stay and Play 8:30-11:00 Cosy Family Chat 8:30-11:00 Keep an eye out on Facebook for weekly topics.	Sensory Stars Baby Group up to 12 months 8:30-11:00 Dads R Us 8:30-11:00	Baby Massage 8:30-11:00 Stay and Play 8:30-11:00	Baby Massage 8:30-11:00	Sensory Stars Baby Group up to 12 months 8:30-11:00 Stay and Play 8:30-11:00 PANDAS bi Weekly 8:30-11:00
Mountain View Mayhill Rd, Mayhill, Swansea SA1 6TD 01792 468584	Mud Pies + More 13:00-14:30	Stay And Play 13:00-14:30	Sensory Stars Baby Group up to 12 months 13:00-14:30 Grow Together PT (under 25s) 13:00-14:30	Sensory Stars Baby Group up to 12 months 13:00-14:30 Stay And Play 13:00-14:30	
	Mini Movers 8:30-11:00 Coffee and Chat 8:30-11:00 Keep an eye out on Facebook for weekly topics.	Stay and Play 8:30-11:00 Baby Massage 8:30-11:00	Stay and Play 8:30-11:00 PANDAS Bi Weekly 8:30-11:00	Cuddle Crew Twins, Triplets & multiple births 8:30-11:00 Sensory Stars 8:30-11:00	Dads R Us 8:30-11:00 Craft 8:30-11:30
	Sensory Stars Baby Group up to 12 months 13:00-14:30 Pod Fathers (Seaview Pod) 12:45-14:30	Rhyme Time Starts at 13:00	Mini Movers 13:00-14:30	Baby Massage 13:00-14:30	Little Stars ALN Stay and play 13:00-14:30

Hygiene Bank

Reminder: We have a hygiene bank in school. We have a range of free hygiene products (shower gel, shampoo/conditioner, deodorant etc) for families who are in need of them. If you require a hygiene parcel, please contact Miss Ruscitto at school and let her know how many people live at your property so that she can provide you with what you need.

We are here to help!

Did you know?

There are lots of benefits from cooking together. Cooking together creates positive memory association, develops your child's life skills and can increase confidence. We understand life can get busy sometimes, so here is an easy recipe to try at home as a family



Chocolate Easter Nests



What you need:
225g/8oz dark chocolate or a mix of dark and milk chocolate, broken into small pieces
2 tbsp golden syrup
50g/2oz butter
75g/2¾oz cornflakes or puffed rice cereal
36 mini chocolate eggs

- Line a 12-hole fairy cake tin with paper cases.
- Melt the chocolate, golden syrup and butter in a bowl set over a saucepan of gently simmering water (do not let the base of the bowl touch the water). Stir the mixture occasionally until smooth.
- Remove the bowl from the heat and gently stir in the cornflakes until all of the cereal is coated in the chocolate.
- Divide the mixture between the paper cases and press 3 chocolate eggs into the centre of each nest.
- Chill in the fridge for 1 hour, or until completely set.



From time to time we all need a little extra help. Here is some information about local food support services available to everyone.

Swansea Foodbank Opening Times

Linden Church,
SA3 5LD.
Open Monday
12:30-14:30

Ty Croeso,
SA6 5LN.
Open Tuesday
10:00-12:00

**Port Tennant
Community
Centre**
SA1 8LQ
Open Wednesday
3-5pm

**Gorseinon
Institute,**
SA4 4AD.
Open Thursday
10-12 noon

**Mayhill
Community
Centre,**
SA1 6TD.
Open Thursday
13:00-15:00

**South Penlan
Community Centre,**
SA5 7AH.
Open Friday
10:00-12:00

**LifePoint
Church,**
SA1 6BT.
Open Friday
11:00-13:00

