

# TOWNHILL COMMUNITY SCHOOL

## Well-being newsletter

Autumn Term 2024  
Edition

### Welcome

Welcome to our Well-being Newsletter! The newsletter is aimed to share relevant and valuable information with you and to inform you of upcoming events and services in Townhill Community School and the local area.

### What's going on in school?

#### Together Tuesdays

October 1st (1:20pm-3pm) - CAMHS - Worries and anxiety at home

October 8th (1:30pm-3pm) - CAMHS - Anger Management

October 15th (1:30pm-3pm)- CAMHS - Building self-esteem and resilience in children

November 5th (9am-11am) - Health visitor - safety at home

November 12th (9am-11am) - Supporting Asylum Seekers

November 19th (9am-11am) - Health visitor - child illnesses

Everyone is welcome to join, no need to book  
- simply turn up!



### Safeguarding at TCS

At TCS we have rigorous child protection procedures based on clear policy, designed to make sure children and young people are safe and feel safe. If you have any safeguarding concerns, please see a member of our safeguarding team

### Safeguarding Team

Miss Anna Ruscitto (Family Liaison Officer)  
Mr Peter Owen (Headteacher)  
Mrs Gadd (Deputy Headteacher)  
Mr Stones (Assistant Headteacher)  
Mrs Ceri Totty (STF Manager)  
Mrs Emma Burrows (ALNCo)

### Attendance

Regular attendance is essential to maximise your child's full potential. Please ensure your child attends school as often as possible, if your child is unwell then please inform the school office on day 1 of your child's absence. This will avoid any unauthorised absences and the risk of receiving a fixed penalty notice (fine)

#### Punctuality

Reminder: All late arrivals are being monitored by our Education Welfare Officer. Please ensure your child attends school by 8:50am. Breakfast club starts at 8am.

#### Holidays during term time

Holidays are no longer authorised. Holiday request forms can be collected and returned to the school office two weeks prior to your child's absence. You may be at risk of a fixed penalty notice if your child's attendance is below 90% and you withdraw them from education for a holiday



### Support

Just a reminder that Miss Ruscitto is available as Family Liaison Officer, if any parents need advice or guidance.

If you need to contact Miss Ruscitto you can email her - [ruscittoa@hwbcymru.net](mailto:ruscittoa@hwbcymru.net)



# Follow of the term



Facebook: Local Area Coordination Townhill & Mayhill

## What's going on in the local area?

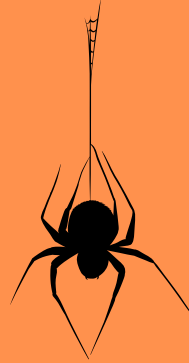
**halloween woodland trail**

from Sat 26th to Thurs 31st Oct  
11am - 2:30pm

Book on - line

£6 per child &  
£2 per adult

Llys Nini



**Free Little Stars Stay and Play**

Additional needs Stay and Play session

A calm and relaxed play session, a chance to chat to others and for you and your child to have fun!!

Monday ( term time)  
Swansea Childrens Centre , Penlan

Friday ( term time)  
Mountain View Children's Centre, Mayhill

1-2.30 pm

No need to book  
01792 572 060/468584

## Parent Meetings November 11th 2024



During our parent meetings, we will once again have a Help Hub available. This will provide a range of external services that you can speak with, including Police, Recycling services, Early Years support, Communities for Work, Townhill library, Dylan Thomas Comprehensive School and many others, all there to offer guidance and assistance



## Hygiene Bank



**Reminder: We have a hygiene bank in school. We have a range of free hygiene products (shower gel, shampoo/conditioner, deodorant etc) for families who are in need of them. If you require a hygiene parcel, please contact Miss Ruscitto (Family Liaison Officer) at school and let her know how many people live at your property so that she can provide you with what you need. We are here to help!**



## *Did you know?*

There are lots of benefits from cooking together. Cooking together creates positive memory association, develops your child's life skills and can increase confidence. We understand life can get busy sometimes, so here is an easy recipe to try at home as a family

# Mummy Wraps



What you need:

Banana

Mini Wraps

Peanut Butter

Chocolate Drops/Raisins



Spread the peanut butter on a wrap.

Cut the wrap into skinny strips.

Peel a banana and cut in half.

Wrap a peanut butter strip around the banana.

For the eyes, dab peanut butter on the chocolate drop/raisins and press onto banana.